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93 References

- 1 **The effects of nine types of exercise rehabilitation therapies on improving limb balance, cognitive and emotional function, and quality of life in elderly patients with Parkinson's disease: a network meta-analysis of 55 RCTs**

Mao, J; Xia, Y; ...; Yao, XW

Aug 26 2025 | FRONTIERS IN NEUROLOGY ▾ 16

Background: Parkinson's disease (PD) is a common neurodegenerative disorder that primarily affects individuals over the age of 60. Impaired limb balance, cognitive decline, and emotional disturbances are core symptoms of PD, significantly impacting patients' quality of life. While medicati ... [Show more ▾](#)

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203 References

- 2 **The glamor of and insights regarding hydrotherapy, from simple immersion to advanced computer-assisted exercises: A narrative review**

Peng, YH; Zou, YC and Asakawa, T

Feb 2025 | BIOSCIENCE TRENDS ▾ 19(1), pp.10-30

Water-based therapy has been gaining attention in recent years and is being widely used in clinical settings. Hydrotherapy is the most important area of water-based therapy, and it has distinct advantages and characteristics compared to conventional land-based exercises. Several new ter ... [Show more ▾](#)

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